

SEXUAL ASSAULT HOTLINES

24-HOURS A DAY • 7 DAYS A WEEK

**FOR IMMEDIATE ASSISTANCE,
ADVOCACY AND REFERRALS**

BROOME COUNTY
607.722.4256

CAYUGA COUNTY
315.252.2112

CHENANGO COUNTY
1.855.966.9723

CORTLAND COUNTY
607.756.6363 or 1.800.336.9622

DELAWARE COUNTY
607.746.6278 or 1.866.457.7233

HERKIMER COUNTY
315.866.4120

JEFFERSON COUNTY
315.782.1855 or 1.866.782.1855

LEWIS COUNTY
315.376.4357 or 315.376.HELP

MADISON COUNTY
1.855.966.9723

ONEIDA COUNTY
315.797.7740

OSWEGO COUNTY
315.342.1600 or 315.342.7618 or
1.877.342.7618

OTSEGO COUNTY
607.432.4855

**IF YOU NEED LEGAL HELP BECAUSE OF A
SEXUAL ASSAULT, CONTACT THE LEGAL
AID SOCIETY OF MID-NEW YORK:**

M-F 9AM - 5PM

1-800-XXX-XXXX

lasmny.org

BINGHAMTON OFFICE

168 WATER ST. 2ND FL
BINGHAMTON, NY 13901

ONEONTA OFFICE

189 MAIN ST, SUITE 401
ONEONTA, NY 13820

OSWEGO OFFICE

108 WEST BRIDGE ST
OSWEGO, NY 13126

UTICA OFFICE

120 BLEECKER STREET
UTICA, NY 13501

WATERTOWN OFFICE

215 WASHINGTON ST #202
WATERTOWN, NY 13601

Funding for this project was provided by the office of Violence Against Women of the United States Department of Justice, under grant no. 2016-WL-AX-0015. The opinions, determinations, conclusions and recommendations expressed in this booklet are those of the authors and do not necessarily reflect those of the office on Violence Against Women of the United States Department of Justice.



Funded in part by the
Legal Services Corporation



**ARE YOU A
VICTIM OF
SEXUAL ASSAULT?**



You Are Not Alone

**FREE
LEGAL SERVICES
CAN HELP**

If you are a victim of sexual assault, you are not alone. 1 in 3 women, and 1 in 6 men, are sexually assaulted during their lifetime. Sexual assault is never your fault. Trauma from sexual assault can affect many areas of your life.



☐ I am concerned about my health or medical issues.



☐ I am worried about my privacy and other people finding out about my assault.



☐ I do not feel safe where I live and/or I am worried about my physical safety.



☐ I have problems with student loans or other financial issues.



☐ I am worried about school.



☐ I am concerned about my immigration status.



☐ I am confused about the criminal or civil justice system.



☐ I am worried about my job.

If you are a victim of sexual assault, and you checked any of these boxes, please contact the Legal Aid Society of Mid-New York. Our services are **FREE, PRIVATE and CONFIDENTIAL.**

One of our attorneys can explain your legal options. If English is not your first language, we will provide a free confidential interpreter.